



Welcome to the Nettlefold Restaurant, a relaxed dining space set within the charm of a secluded Art Deco island retreat. Our chefs offer a menu with a modern twist, designed to be enjoyed in a laid-back and welcoming atmosphere.

We are passionate about sustainability and supporting local producers, so you can dine knowing your meal is thoughtfully sourced as well as delicious. Our menus celebrate simplicity, freshness, and vibrant flavours, using high-quality ingredients from both local suppliers and carefully chosen sources further afield.

With a varied selection of dishes to suit all tastes, our aim is to create an enjoyable dining experience where you can relax and savour great food at your own pace.





## STARTER



### **Classic mussels**

moules marinière

£18

### **Cured monkfish**

pickled fennel salad, ginger dressing, dill, yoghurt

£18

### **Ham hock terrine**

pickled fennel, wild garlic, asparagus

£17

### **Burrata**

Heritage tomato, courgette, basil salad, pangritata

£16

### **Grilled half shell scallop**

garlic butter, pangritata

£19

### **Shallot tarte tatin**

Cornish Yarg, thyme oil

£17





## MAIN COURSE



### **Locally caught half lobster**

orange and rosemary butter, fries, tomato salad  
Market price

### **8oz rib eye**

fries, peppercorn sauce, watercress  
£48

### **Dover sole**

brown butter capers, sliced new potatoes, parsley, lemon  
£50

### **Lamb rump**

asparagus, pea, potato puree, lamb jus  
£48

### **Gnocchi**

asparagus, peas, broad beans, cherry tomato, Gran Levanto  
£32

### **Vegan hot pot**

vegan nduja, spring vegetables, bread crust  
£30





## SIDES



**Fries**  
£6

**Salad leaves dressed in honey mustard**  
£5

**Green vegetables**  
£7

**Heritage tomato and basil salad**  
£8





## DESSERT



### **Lemon thyme posset**

lemon gel, lavender shortbread

£18

### **'Ferrero Rocher' brownie**

chocolate hazelnut, roasted vanilla ice cream

£18

### **Rhubarb, elderflower crumble**

almond, oat, cinnamon crumble, ginger ice cream

£18

### **West Country cheese**

three Westcountry cheeses, Artisan crackers, preserves

£18





### **Food allergies & intolerances**

Please be aware that allergens are present in our kitchen and bar environments and so our food and drinks are prepared in areas where cross-contamination may occur. Our menu descriptions do not include all ingredients, and modifications to dishes are sometimes not possible, including the removal of ingredients.

Please make your server aware of any allergies, intolerances, or dietary requirements before placing your order.

All prices include VAT