





THE TREATMENT ROOM

BODY

FACE AND NAILS



FACE

Using well known and trusted REN skincare products, our facials also include décolleté, neck and scalp massage.

60 MINUTE BESPOKE FACIAL £120

40 MINUTE BESPOKE FACIAL £90

30 MINUTE MINI FACIAL £65

30 MINUTE LYMPHATIC DRAINAGE MASSAGE £50

EYE TREATMENT



NAILS

Let us pamper you with the pleasure of a flawless manicure with our simple gel polish service, where elegance meets effortless beauty and adds a little sparkle to your day.

Our range of Glitterbels polishes is sure to include colours you will fall in love with.

Immediate Perfection. No drying time, just beautifully manicured nails ready to compliment your ballroom attire.



NAILS
60 MINUTES
£80

TOENAILS
60 MINUTES
£80

SOAK OFF
30 MINUTES
£30

CUPPING THERAPY

Indulge in this ancient practice, designed to invigorate your body and elevate your wellbeing.

This time-honoured technique, used by royalty and those who seek the finest in holistic care, involves the application of smooth, warm cups to your skin to enhance circulation, release tension, and promote deep relaxation.

45 MINS BACK, NECK AND SHOULDERS £90 —

60 MINS FULL BODY £120



IN ROOM TREATMENTS

Depending on the treatment and the size of your room, enjoy your service in the comfort of your own suite.

AN ADDITIONAL £20 CHARGE APPLIES



CANCELLATION POLICY

We operate a 48-hour cancellation policy. If you cancel at least 48 hours prior to the day of your treatment you will not be charged. Cancellations made less than 48 hours prior to the treatment will incur in a full charge.



THE TREATMENT ROOM AT BURGH ISLAND

BODY



HANDS ON MASSAGES

After a consultation on your personal requirements, our masseuse will provide a relaxing and nurturing massage using oils and strength of pressure tailored to your personality and physical requirements.

From sports massage to a soothing therapeutic touch, this is the perfect Immediate calm down at the start of your stay.

45 MINS BACK, NECK AND SHOULDERS £85

60 MINS FULL BODY £110

90 MINS FULL BODY £165

30 MINS INDIAN SCALP MASSAGE £50

30 MINS FOOT MASSAGE £50

HOT STONE MASSAGE

Melt away your tension with a Hot Stone Massage therapy, easing your muscle stiffness and increasing circulation and metabolism.

Our professional massage therapists also incorporate a customized massage, which with the use of hot stones offers enhanced benefits.

45 MINS BACK, NECK AND SHOULDERS
£90
—
60 MINS FULL BODY
£120
—
90 MINS FULL BODY



BODY



PRE-NATAL MASSAGE

A beautifully gentle, relaxing treatment perfect during pregnancy.

This nurturing treatment is specifically designed to focus on alleviating muscular aches on stressed areas, helping you to feel relaxed and restored. Pre-natal treatments are available after 12 weeks

60 MINS FULL BODY £120





BAMBOO MASSAGE

Our very special bamboo massage, using bamboo sticks to apply even firmer pressure to the fascia of the muscles, will literally unroll tension from your body.

45 MINS BACK, NECK AND SHOULDERS
£95
—
60 MINS FULL BODY
£130
—
90 MINS FULL BODY
£200