

THE
TREATMENT ROOM
AT BURGH ISLAND

BURGH ISLAND
HOTEL

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MAKE THE MOST OF YOUR BEACHSIDE RETREAT WITH
A SPA TREATMENT FROM OUR QUALIFIED MASSEUSE
AND BEAUTICIAN.

**HANDS ON
MASSAGES**

After a consultation on your personal requirements, our masseuse will provide a relaxing and nurturing massage using oils and strength of pressure tailored to your personality and physical requirements. From sports massage to a soothing therapeutic touch, this is the perfect immediate calm down at the start of your stay.



45 MINS BACK, NECK AND SHOULDERS
£85

60 MINS FULL BODY
£110

90 MINS FULL BODY
£165

**PRE-NATAL
MASSAGE**

A beautifully gentle, relaxing treatment perfect during pregnancy. This nurturing treatment is specifically designed to focus on alleviating muscular aches on stressed areas, Helping you to feel relaxed and restored. Pre-natal treatments are available after 12 weeks.

60 MINS FULL BODY
£120



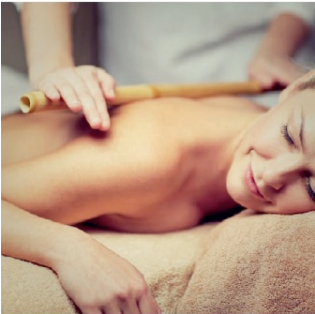
**HOT STONE
MASSAGE**

Melt away your tension with a Hot Stone Massage therapy, easing your muscle stiffness and increasing circulation and metabolism. Our professional massage therapists also incorporate a customized massage, Which with the use of hot stones offers enhanced benefits.

45 MINS BACK, NECK AND SHOULDERS
£90

60 MINS FULL BODY
£120

90 MINS FULL BODY
£180



**BAMBOO
MASSAGE**

Our very special bamboo massage, using bamboo sticks to apply even firmer pressure to the fascia of the muscles, will literally unroll tension from your body.

45 MINS BACK, NECK AND SHOULDERS
£95

60 MINS FULL BODY
£130

90 MINS FULL BODY
£200



CUPPING THERAPY

Might be trendy now, but it's not new. It dates to ancient Egyptian, Chinese, and Middle Eastern cultures. We indulge it for many purposes, including to help with pain, inflammation, blood flow, relaxation and well-being, and as a type of deep tissue massage.

45 MINS BACK, NECK AND SHOULDERS
£90

60 MINS FULL BODY
£120



FACIALS

Using well known and trusted skincare products, our facials also include décolleté, neck and scalp massage.

40 MINS LIFT AND FIRM
£90

40 MINS DETOX
£80

40 MINS RADIANT SKIN
£80



**IN ROOM
TREATMENTS**

Depending on the size of your room, receive your treatment in the comfort of your own suite.

**AN ADDITIONAL £20
CHARGE APPLIES**



MIX AND MATCH

30 MINS EXPRESS FACIAL
£65

30 MINS INDIAN SCALP MASSAGE
£50

30 MINS FOOT MASSAGE
£50

EYE TREATMENT
£10



CANCELLATION POLICY

We operate a 48-hour cancellation policy. If you cancel at least 48 hours prior to the day of your treatment you will not be charged. Cancellations made less than 48 hours prior to the treatment will incur in a full charge.