

BURGH ISLAND  
HOTEL

SPA@BURGHISLAND.COM  
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THE  
TREATMENT ROOM  
AT BURGH ISLAND







MAKE THE MOST OF YOUR BEACHSIDE RETREAT WITH  
A SPA TREATMENT FROM ZORANA, OUR QUALIFIED  
MASSEUSE AND BEAUTICIAN.

**HANDS ON  
MASSAGES**

After a consultation on your personal requirements, our masseuse will provide a relaxing and nurturing massage using oils and strength of pressure tailored to your personality and physical requirements. From sports massage to a soothing therapeutic touch, this is the perfect immediate calm down at the start of your stay.

**RELAXING MASSAGE**  
45 MINS BACK, NECK AND  
SHOULDER

£70

60 MINS FULL BODY  
£95

90 MINS FULL BODY  
£135

**DEEP TISSUE**  
45 MINS BACK, NECK AND  
SHOULDER

£80

60 MINS FULL BODY  
£105

90 MINS FULL BODY  
£155



**HOT STONE  
MASSAGE**

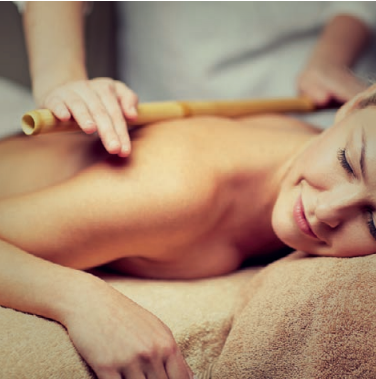
Melt away your tension with a Hot Stone Massage therapy, easing your muscle stiffness and increasing circulation and metabolism. Our professional massage therapists also incorporate a customized massage, which with the use of hot stones offers enhanced benefits.

45 MINS BACK, NECK AND  
SHOULDER

£85

60 MINS FULL BODY  
£110

90 MINS FULL BODY  
£165



**BAMBOO  
MASSAGE**

Our very special bamboo massage, using bamboo sticks to apply even firmer pressure to the fascia of the muscles, will literally unroll tension from your body.

45 MINS BACK, NECK AND  
SHOULDER

£90

60 MINS FULL BODY  
£120

90 MINS FULL BODY  
£180



**PRE-NATAL  
MASSAGE**

A beautifully gentle, relaxing treatment perfect during pregnancy. This nurturing treatment is specifically designed to focus on alleviating muscular aches on stressed areas, helping you to feel relaxed and restored. Pre-natal treatments are available after 12 weeks.

45 MINS FULL BODY  
£80



**IN ROOM  
MASSAGE**

Depending on the size of your room, receive any of our massages in the comfort of your own suite.

AN ADDITIONAL £15  
CHARGE APPLIES



**FACIALS**

Using well known and trusted skincare products, our facials also include décolleté, neck and scalp massage.

40 MINS LIFT AND FIRM  
£80

40 MINS DETOX  
£75

40 MINS RADIANT SKIN  
£75



**MIX AND MATCH**

30 MINS EXPRESS FACIAL  
£50

30 MINS INDIAN SCALP  
MASSAGE  
£45

30 MINS FOOT MASSAGE  
£45

EYE TREATMENT  
£10



**CANCELLATION POLICY**

We operate a 48 hour cancellation policy. If you cancel at least 48 hours prior to the day of your treatment you will not be charged. Cancellations made less than 48 hours prior to the treatment will incur a full charge.

