



## PILCHARD INN

— BURGH ISLAND —

1336

*The Pilchard Inn on Burgh Island is often referred to as a 'part-time' island because as the tide recedes it leaves a causeway of golden sand. It is said to date back to 1336, and it is also thought that the island was at one time inhabited by monks, engaged in quiet contemplation. The Inn may have been used for the brewing of mead as well as a lodging house for visitors to the monastery. In the 18<sup>th</sup> century smugglers and wreckers hid on the island, secure for a time each day when the tides protected them from law enforcing excisemen. The island was the smuggling domain of the most notorious smuggler Tom Crocker who gave his name to a cave on the coast of the island and spent most of the time when he wasn't at sea in the in the Pilchard Inn. Tom Crocker's cave is on the western coast on the island and at some stage there was a tunnel that led from this cave to the cellar of the Pilchard Inn, but both ends are now bricked up. After a lengthy career, Tom was shot by the revenue men on the 14<sup>th</sup> August (exact year unknown) in the porch of the Pilchard Inn. There are ruins of a former chapel which then became a 'huers hut'. Where a watchman would look out for shoals of pilchards and then make a hue and cry to local fishermen waiting in boats.*

### LUNCH MENU

Served daily from Monday to Friday  
from 12 – 16, Saturday & Sunday 12-17  
Table service only on first come, first served  
basis

Completion of a health questionnaire is  
required prior to being seated & served  
Alcoholic beverages will only be served  
with a substantial meal



### Starters, Sharers & Light Bites

Griddled flatbread, hummus & char-grilled chorizo	£5.50
SE G V* VE*	
Soup of the day, crusty roll	£6
G* V* VE*	
Half pint of prawns, aioli	£6
C E MU SD	
Scotch egg & Piccalilli	£7
CE G E D MU SD	
Mac 'n' cheese fritters, sun-blushed tomato ketchup	£6.50
G E D MU V	

### Sandwiches

Served with mixed salad & crisps

Devonshire crab & cucumber baguette	£12
C E G* MU	
St Ives smoked salmon & cream cheese, granary bread	£13
G* F D*	
Roast chicken & bacon mayonnaise, baby gem, white bread	£10.50
G* E MU	
Cheddar cheese & truffle toastie	£9
G* D V	

### Main courses

The Pilchard Burger - 8oz beef patty, bone marrow confit onions, burger sauce, smoked pickles & American cheese & fries	£13.50
G* D* MU*	
Cumberland sausages, mustard mash, caramelised onion gravy	£12
CE G D MU SD	
Roast chicken breast, fried Brussel sprouts, bacon & capers, chicken jus	£14.50
CE D* SD	
Beer battered fish & chips, minted mushy peas & tartare sauce	£14
G* F MU*	
Scampi & chips, lemon mayonnaise	£14
G C F D MU	
Falafel Burger, burger sauce, salad & fries	£11
G* MU* V VE	
Butternut squash risotto, rocket & Parmesan	£11.50
CE D* SD V VE*	

### Cheeky fries

Crab on fries	C E SD	£9
Cheesy fries	D V	£4.50
Fries	V VE	£3.50

### Sweet treats

Jamaican ginger loaf, crystallised ginger icecream, butterscotch sauce	£7
G E D	
Iron bark pumpkin & vanilla cheesecake	£6
G E D N	
Selection of Langage Farm ice creams & sorbets	£6
D* E*	

We make every possible effort to accommodate any dietary requirements. Please notify a manager if you have any known allergies, food intolerances or are concerned about the ingredients of any of the dishes. We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. All allergens are correct at the time of printing and are indicated as follows: C: Crustaceans | CE: Celery | D: Dairy | E: Eggs | F: Fish | P: Peanuts | G: Gluten | L: Lupin | N: Nuts | MO: Molluscs | MU: Mustard | S: Soya | SD: Sulphur dioxide | SE: Sesame | V: Vegetarian | VE: Vegan | \*: Items can be prepared without the relevant allergen

## DRINKS MENU

<b>Draught beer</b>	<b>½ Pint</b>	<b>Pint</b>	<b>Bourbon / American Whiskey</b>	<b>25ml</b>
Tarka Lager	£2.20	£4.30	Maker's Mark	£4.00
Pilchard 'Otter' Amber	£2.30	£4.50	Jack Daniels	£3.80
Jail Ale	£2.40	£4.60	Southern Comfort	£3.30
Salcombe Pale Ale	£2.90	£5.90		
Becks Vier	£2.30	£4.50	<b>Irish Whiskey</b>	<b>25ml</b>
Guinness	£3.00	£6.00	Jameson	£3.50
<b>Bottled beers</b>			<b>Scottish Blended</b>	<b>25ml</b>
Peroni Nastro Azzurro 330ml	£4.50		The Famous Grouse	£3.20
Becks Blue 275ml	£3.50		Monkey Shoulder	£4.70
Otter Bitter	£6.50			
<b>Draught cider</b>	<b>½ Pint</b>	<b>Pint</b>	<b>Single Malt</b>	<b>25ml</b>
Heron Valley Cider	£2.50	£4.80	Glenfiddich 12yrs	£5.40
Wildsider	£2.30	£4.50	Laphroig 10yrs	£5.50
			Oban 14yrs	£7.00
<b>Devon Gin</b>	<b>25ml</b>		<b>Aperitifs/Vermouth</b>	
Salcombe Gin	£4.70		Martini Rosso (50ml)	£3.00
Plymouth Gin	£3.90		Martini Bianco (50ml)	£3.00
Wicked Wolf Exmoor Gin	£4.70		Martini Extra Dry (50ml)	£3.00
Salcombe Gin Rose Sainte Marie	£4.50		Pernod (25ml)	£3.00
			Campari (25ml)	£3.00
<b>Gin</b>	<b>25ml</b>		<b>Liqueurs</b>	<b>25ml</b>
Tarquins	£3.80		Drambuie	£4.50
Hendricks	£4.50		Cointreau	£3.50
Bombay Sapphire	£3.40		Baileys Irish Cream Liqueur	£3.10
Tanqueray Rangpur	£3.50		Tia Maria	£3.10
Bathtub Navy strength	£5.00		Disaronno Amaretto	£3.10
Plymouth Gin	£3.90		Jägermeister	£3.00
Botanist	£4.60		Luxardo Sambuca dei Cesari	£3.00
Gin Mare	£4.50			
Aviation	£5.00		<b>Tequila</b>	<b>25ml</b>
Edinburgh Gin's Rhubarb & Ginger Liqueur	£3.30		Sierra Antiguo Plata	£4.70
			Sierra Antiguo Anejo	£4.70
<b>Vodka</b>	<b>25ml</b>		<b>Port &amp; Sherry</b>	<b>50ml</b>
Absolut	£3.20		Stones Ginger wine	£3.00
Black Cow	£4.00		Harveys Bristol Cream	£4.60
Greygoose	£5.20		Croft Sherry	£4.00
Tors	£4.80		Cockburns Special Reserve Port	£4.20
<b>Rum</b>	<b>25ml</b>		<b>Soft drinks</b>	
Bacardi Carta Blanca	£3.00		Fever Tree Tonic/Light Tonic/Lemon Tonic/Ginger Ale 200ml	£2.00
Mountgay Eclipse	£3.20		Fever Tree Mediterranean Tonic/Elderflower Tonic/Aromatic Tonic 200ml	£2.20
Sailor Jerry	£3.40		Britvic Tonic/Slimline Tonic 125ml	£1.50
Old J spiced rum	£3.50		Coke/Diet Coke/Coke Zero 330ml	£3.00
Dead Man's Fingers	£3.50		Heron Valley Orange Juice/ Apple Juice 250ml	£2.80
Rosemullion Cornish spiced rum	£5.00		Heron Valley Fiery Ginger/Lime & Ginger Fizz/Elderflower Fizz/Pink Lemonade 275ml	£3.30
Diplomatico Reserva Exclusiva	£5.50		J2O Apple & Raspberry/Apple & Mango/Orange & Passionfruit 275ml	£2.80
Jamaica Cove Pineapple	£3.50		Frobisher Tomato juice	£3.50
Kalani Coconut rum liqueur	£3.00			
The Kraken black spiced rum	£4.00			
<b>Cognac</b>	<b>25ml</b>			
Courvoisier VS	£5.00			
Martell VS	£4.30			

All spirits are served as 25ml measures or multiples thereof. Wine & sparkling wine is available in 125ml, 175ml and 250ml measures. Spirits are served in 25ml measures and multiples therefore. All prices include VAT at the current rate.