

We make every possible effort to accommodate any dietary requirements. Please notify a manager if you have any known allergies, food intolerances or are concerned about the ingredients of any of the dishes.

We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. All allergens are correct at the time of printing.

C: Crustaceans | CE: Celery | D: Dairy

E: Eggs | F: Fish | P: Peanuts | G:

Gluten

L: Lupin | N: Nuts | MO: Molluscs

MU: Mustard | S: Soya

SD: Sulphur dioxide | SE: Sesame seeds

V: Vegetarian | VE: Vegan

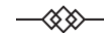


BREAKFAST

AT BURGH ISLAND



Our eggs are all free range and produced by Cuckoo Farm in Aveton Gifford. Our bacon is produced by Denhay Farms in Honiton and our sausages by Westaways of Newton Abbot.



BREAKFAST COCKTAILS



Champagne Brut,
Taittinger NV
125ml

£14.50

—

Mimosa

£9

—

Bellini

£9

—

Bloody Mary

£9

JUICES



Orange Juice

—

Apple Juice

—

Grapefruit
Juice

—

Cranberry
Juice

COFFEE



Coffee is sourced as
Organic, Soil Association
approved and Fairtrade
by Origin Coffee
suppliers of Cornwall.

—

Cafetière coffee

—

Americano

—

Espresso
Single or Double

—

Macchiato
Single or Double

—

Cappuccino

—

Latte

—

Flat white

All drinks can be made
with soya milk and
coffees are available as
decaffeinated also.

Hot chocolate is also
available.

TEA



Teas are sourced from
Canton Tea Company
directly from small,
traditional gardens
where tea bushes
have grown for
hundreds of years and
ingredients are
genuinely natural
ingredients.

—

English Breakfast

—

Earl Grey

—

Assam

—

Darjeeling

—

Lapsang Souchong

—

Green Tea

—

Jasmine Green Tea

—

White tea

—

Herbal teas

Lemon & ginger
Red berry & hibiscus
Rooibos
Camomile
Peppermint

BURGH CONTINENTAL BREAKFAST



Croissants & pain au chocolat

— E | D | G —

—

Freshly cut fruit

—

Muesli, Cornflakes, Bran flakes,
Weetabix

— G —

—

Langage Farm natural fruit yoghurt
Strawberry, raspberry, cherry
or lemon curd

— D | V —

GLUTEN FREE

Available on request

Honey flakes

—

Nutribrex

—

Wholegrain crackers

BURGH COOKED BREAKFAST



FULL DEVON BREAKFAST
Any or all of our locally sourced
dry cured back bacon, smoked streaky
bacon, pork sausage, grilled tomato,
black pudding, hogs pudding,
mushrooms, potato cake, beans and
eggs (scrambled with chives,
poached or fried)

— G | E | D | S | D —

—

VEGETARIAN OR VEGAN BREAKFAST

— V | V | E | G | E —

—

EGGS BENEDICT,
FLORENTINE OR ROYALE

— G | E | D | S | D | F —

—

SMOKED SALMON,
SOFT SCRAMBLED EGGS, CHIVES

— F | E | D —

—

SMOKED HADDOCK
KEDGEREE, POACHED EGG

Smoked fish produced
by Severn & Wye Smokery,
Gloucestershire

— F | E | D —

—

CARAMELISED BANANA,
SMOKED BACON,
BUTTERMILK PANCAKES

— G | E | D | S | D | V —

—

CINNAMON PORRIDGE, HONEY,
MACADAMIA NUTS

— G | D | N | V —