

BURGH ISLAND

HOTEL

— SPA TREATMENTS AT BURGH ISLAND HOTEL —

Make the most of your beachside retreat with a spa treatment with Zorana, our qualified masseuse and beautician, or with Tamas, our qualified sports masseuse and deep tissue expert.

Relaxing Massage:

After a consultation on your personal requirements, our beautician will provide a relaxing and nurturing massage using oils and strength of touch tailored to your personality and physical requirements. From sports massage to a soothing therapeutic touch, this is the perfect immediate calm down at the start of your stay.

45 minutes £70.00

50 minutes, deep tissue £85.00

Clear your skin with a Facial:

Using well known and trusted REN "clean" skincare products, our facials include: deep cleansing, exfoliation, lymphatic draining massage and a final moisturizing and soothing treatment.

40 minutes £70.00

Hot Stone Massage:

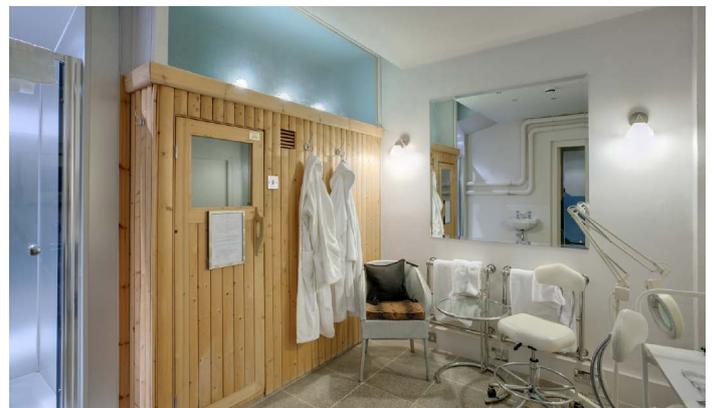
Melt away your tension with a hot stone massage therapy, easing your muscle stiffness and increasing circulation and metabolism. Our professional massage therapist also incorporates a customized massage, which with the use of hot stones offers enhanced benefits.

1 hour £ 90.00

Shiatsu Massage

A healing and balancing Shiatsu Massage, where pressure is applied to key points of your body to address specific issues

1 hour £80.00



Bamboo Massage

Our very special bamboo massage, using bamboo sticks to apply an even and relaxing pressure to the fascia of the muscles and literally unroll tension from your body.

1 hour £100

A treat for your feet or hands:

Finish off your treatment with an essential manicure or pedicure, including exfoliation, moisturizing and massage before choosing your favourite colour polish: the perfect evening outfit topper!

30 minutes mani £40.00

40 minutes pedi £50.00

or both for £80.00

Pampering

For massage or beauty treatments either in your room (depending on the size) or in our treatment room, just ask us on booking, or at anytime during your stay.