

Spa Treatments

Pampering at Burgh Island

Guest Treatments

Make the most of your beachside retreat with a spa treatment by Inma, our qualified masseuse.

For treatments either in your room (depending on the size) or in our treatment room, just ask on booking or at any time during your stay.

Start with a **Simple Relaxing Massage:** after a consultation on your personal requirements, Inma will provide a relaxing and nurturing massage using oils and strength of touch tailored to your personality and physical requirements. From sports massage to a soothing therapeutic touch, this is the perfect immediate calm down at the start of your stay.

45 minutes £70.00

Clear your skin with a Facial: using well known and trusted REN "clean" skincare products, Inma's facials include: deep cleansing, exfoliation, lymphatic draining massage and a final moisturizing and soothing treatment.

40 minutes £70.00

Hot Stone Massage: using deep tissue massage and aromatic oils, this intense massage session concludes with a 15-minute hot stone treatment along the spine.

1 hour £90.00



If you have any specific requirements, call 01548 810514 or email reception@burghisland.com